Crow's Nest : 2018 : 03 : 05

University of South Florida St. Petersburg.
FEATURES, page 4
COMMUNITY HERO

Lis Casanova knows how rough life can be, and she’s working to make her community a better place because of it. The USF St. Petersburg alumnna was awarded $50,000 for her work last semester and hopes to continue down her path of altruism.

FEATURES, page 8
SANDICHOLOGY

Is a hot dog a sandwich? What about a Pops-Tart? Sushi? These questions have been debated among foodies for decades, but the truth has finally been discovered — the official sandwich taxonomy is here.

NEWS, page 2
SEATS APPROPRIATED

While USF St. Petersburg Student Government is getting a new president, their appropriations committee has lost a sizable chunk of its members. Read their reasoning for stepping down here.

It still stinks, says foes of accreditation bill

By Jeffrey Waitkevich
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W hen news broke in January that the Legislature was poised to abolish USF St. Petersburg’s independent accreditation, many on campus reacted with surprise and anger.

But no one roared louder than the two lions of the faculty — Ray Arsenault and Jay Sokolovsky. The proposal was a sneak attack on a campus that was thriving under the accreditation it earned in 2006, the two veteran professors said. A decade of growth and prestige was suddenly in jeopardy. The prospect of being under Tampa’s thumb again was an insult.

Tuesday, Feb. 27, a state House committee approved an 11-page amendment designed to meet some of the concerns of the St. Petersburg campus and its allies in Pinellas County government and business circles.

The amended proposal now appears likely to win approval of the full House and then the Senate as the Legislature heads toward adjournment on May 3.

But Arsenault and Sokolovsky — who acknowledge that the amendment makes the proposal more palatable, remain fiercely opposed.

“It’s still going to turn the university upside down,” said Arsenault, a professor of Southern history since 1980. “We’ll survive. We’ve always found ways around these restrictions, but we should not have to. That’s not what we’re being paid to do.”

 Arsenuat said, Sokolovsky, a professor of anthropology since 1996, “it was certainly made clear to our (St. Petersburg) administration by (USF system President Judy) Genshaft that she didn’t want any amendments.”

Sokolovsky said he is “still strongly against it.”

The sponsors of the proposal contend it will benefit the St. Petersburg and Sarasota-Manatee campuses — eventually by giving them some of the extra state funds the Tampa campus will begin receiving from the Legislature this year as a “pre-eminent state university.”

But critics fear that St. Petersburg will give up its independence and get little in return.

At the heart of the objections is St. Petersburg’s history with the Tampa campus, which ruled things with a heavy hand for decades, and with

SF election: no surprises here

By Emily Wunderlich
ewunderlich@mail.usf.edu

P residential candidate Kaeden Kelso and running mate Ysatis Jordan won the Student Government spring election Thursday with 85 percent approval.

Kelso and Jordan ran unopposed this year after Mariah McQueen and running mate Sam Fiore were disqualified one week before campaigning began. Kelso and Jordan needed 50 percent approval plus one vote on a yes or no ballot to get elected.

The duo agreed that this election season was a “rough one” for both themselves and SG, referring to the confusion and controversy that surrounded the election rules commission and supervisor of elections.

“I want to make sure that this is a step in the right direction to move away from that and move toward operating as leaders over the course of the year,” Thompson said. "Both represent the Florida Student Association. Kaeden and Ysatis because we had gotten to see them operate as leaders over the course of the year,” Thompson said. "Both represent the continued leadership Student Government needs.”

As a senator, Jordan worked with Thompson and vice president Maria Almonte endorsed the ticket on the same Facebook page.

Maria and myself endorsed Kaeden and Ysatis because we wanted to see them operate as leaders over the course of the year," Thompson said. "Both represent the continued leadership Student Government needs.”

As a senator, Jordan worked closely with Thompson on the USF System President’s advisory board as well as the Florida Student Association. Kaeden chaired both the special funding committee and the appropriations committee after Albert Moreno resigned on Feb. 21.

Before they take office May 7, Kelso and Jordan want to partner with Step Team president Sadandré Jackson to bring different countries’ flags to the University Student Center.

“We have the LGBTQ flags, but we don’t have ones for the Dominican Republic, Mexico, Trinidad, Russia, China,” Jordan said. “We think that’s very important.”

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Chair of the Student Government appropriations committee Albert Moreno (left) resigned a week before the budget was completed and vice chair Kevin Castle (right) followed suit five years later. Both complained about SG’s culture.

By Jonah Hinebaugh
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A week before the 2018-2019 budget was finalized, the Student Government appropriations committee lost four of its members. Among those four were Albert Moreno and Kevin Castle, the chair and vice chair of the committee, respectively. The resignation left student body president-elect Kaden Kofoed and chair of the Campus Board to take their place and finalize the budget.

Moreno, who has spent the past week touring Europe, and Castle both cited issues with SG’s culture as the reason for their resignations. “Student Government has strong words as their value system, but they’re rarely put into action when it’s needed. But hey, they look great on the back of those pink shirts,” Moreno said in an email to The Crow’s Nest.

Castle said the lack of meaningful discussions on specifically the appropriations committee, was what kept him from running as the chair for the committee.

“It’s basically sharing a committee with people who don’t look at the agendas before the meetings and ask questions that just lead us in circles,” Castle said.

Student body president David Thompson wasn’t phased by Moreno’s resignation. “He did this exact (same) thing last year,” Thompson said. “This year when he did it, I was like, ‘We’ve seen this play out before. I’m not going to get frustrated.’”

The resignation and Castle disagreed on whether SG members should be paid. Thompson thinks the money is what motivates people to dedicate time and effort. “If you take away the checks for people to get paid, you’re only going to have rich people running Student Government,” Thompson said.

Castle said removing salaries would eliminate the people who are only attracted for financial reasons and usher in students who want to make a positive impact both in SG and the campus as a whole. Moreno agreed with Thompson that compensation for the time dedicated is important for those who have the best interest of the campus in mind, but he thinks SG lacks that motivation. “During my last General Assembly meeting I overheard a young female student ask what position is in charge of all the money because that’s where she thinks SG’s culture is,” Moreno said.

“This current term is very proud of the values they try to represent, but they don’t (represent them),” Castle said.

Castle said that the small groups of people who want to make a change aren’t able to do so. “That’s why you’ve seen all of us resign over the past couple weeks, it’s become apparent that our time is being wasted,” he said.

Mariah McQueen, who has publicly opposed SG’s message since being disqualified from the student body president election, and senator Sebastian Diaz have also announced their resignations.

When Goetzke and Keflo stepped in, Thompson said they did a good job taking care of the budget and making it as fair as possible for organizations on campus. Moreno disagreed saying, “Every term seems to be a repeat, painting over a hole in the wall instead of trying to solve the issue or build it better. I don’t necessarily see it changing.”

CRITICS, continued from P1

Under the 11-page amendment that was adopted last week, the separate accreditation of USF St. Petersburg and Sarasota-Manatee campuses would end on June 30, 2020, with control passing to the Board of Trustees for the USF system. But USF St. Petersburg would retain its name and regional chancellor, and its campus board – which would be expanded from five to seven members (all residents of Pinellas County) – would submit an annual budget and operating plan to Tampa.

The unique Board of Trustees for the USF system would be required to report each year on the distribution of funds to the two campuses and to report every other year on “increased investments” in programs in St. Petersburg and Sarasota-Manatee.

Also under the amendment, the College of Marine Science, which is based in St. Petersburg but reports to Tampa, would become part of USF St. Petersburg.

The amendment planning for the new consolidated campus system would fall to a 13-member task force. But only two of the 13 members appear guaranteed to represent St. Petersburg – the regional chancellor and chair of the Campus Board.

The task force would recommend how to maintain the “unique identity” of each campus and identify "specific degrees in programs of strategic significance," including arts and science programs in St. Petersburg.

Arsenault, who serves on the Faculty Senate, said lawmakers should hold off for a year while the proposal to consolidate the three campuses is studied. He said the process feels rushed for political reasons and that the St. Petersburg campus is “a political football.”

“At some level, I appreciate their willingness (not to adopt the amendment),” he said, “but the horse is already out of the barn.”

“Forsenate legislators, this is just another bill, but for the faculty and the students it is really our whole lives,” he said.

Arsenault also calls for more details. He wants to know what exactly the newfound powers entail and what powers the task force will be given.

Among the proposal’s fiercest critics are members of the campus’ faculty and Student Government.

Most of the members remember what it was like before St. Petersburg gained separate accreditation in 2006. One of them is G. Michael Killenberg, professor emeritus and founding director of the journalism department.

In an email to The Crow’s Nest, he complimented lawmakers, saying they “have heard the concerns of the community and the faculty and staff and students at USF St. Petersburg. The amended language is evidence of that.”

“We will comply with whatever the end result of the legislation is,” he said, “and we will continue to do everything we can to make this an incredible place for students to learn and for faculty and staff to work.”

Highlights of the legislative proposal

The separate accreditation of USF St. Petersburg and USF Sarasota-Manatee would end by June 30, 2020, and all three campuses would report to Tampa.

The prestigious College of Marine Science, which is based in St. Petersburg but reports to Tampa, would become part of USF St. Petersburg.

USF St. Petersburg would retain its name and regional chancellor.

The Campus Board that oversees USF St. Petersburg would be expanded from five members (all residents of Pinellas County) to seven. The chair of the Faculty Senate and president of the student body would serve as ex-officio members.

The Campus Board would submit “an annual operating plan, budget and legislative budget request” to the Board of Trustees for the USF system.

The Board of Trustees would issue a yearly report on the distribution of funds to each of the three campuses in the USF system.

The Campus Board would have annual meeting in the spring and a “regional impact report” that details the “increased investments” in specific programs in St. Petersburg and Sarasota-Manatee.

The 13-member task force would be created to develop a plan “to improve service to students” while phasing out the separate accreditation of St. Petersburg and Sarasota-Manatee. Only two of the 13 members appear guaranteed to represent USF St. Petersburg (the regional chancellor and chair of the Campus Board).

The task force would be charged with identifying “specific degrees in programs of strategic significance,” including health care and STEM programs in St. Petersburg.

The task force would recommend maintaining the “unique identity” of each campus and establishing “uniforms” to admission for all students who require bridge programming and financial aid.

Read the 11-page amendment to House Bill 423 here. Its provisions are underlined. https://www.flsenate.gov/Session/Bill/2018/423/Amendment/943889/PDF
Freshman researcher hopes to bring new opportunities to campus

By Delaney Brown
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achel Cruz’s research is a mouthful: “Treatment options for chronic parvovirus viremia in pediatric heart transplant patients in a tertiary care center.”

The young researcher doesn’t miss a beat when discussing the ins-and-outs of a treatment she’s helping to bring to the medical world but can’t yet perform herself.

The freshman biology major spent the past year working on a clinical case study that hopes to make additional treatment options a reality for heart transplant patients who struggle with post-surgery complications.

The 18-year-old worked alongside Dr. Jolan Walter, division head of allergy and immunology at USF, the Children’s Research Institute. While she can’t directly work on patients yet, Cruz’s analysis of viral loads, or the amount of HIV in a patient’s blood, played a vital role in the study.

Cruz compiles data collected before and after treatment to track how the patient’s immune system responds to treatment. Tracking the data helps Cruz and other researchers introduce new treatment possibilities to the medical world.

With the help of Student Government special funding, Cruz will be the only undergraduate student presenting research at the 2018 meeting of the Clinical Immunology Society in Ontario, Canada.

“The idea is to promote the research in different places and get more research patients in different areas,” Cruz said. “Ultimately we’re trying to get a medical writer to publish this so that other medical institutions can use this treatment on patients.”

When a patient receives a heart transplant, the doctor has to remove the thymus, which is where T cells that fight infections mature. When a baby has a transplant, those T cells have barely matured before the thymus is removed, so they don’t have a negative reaction and reject the donor heart.

“It’s this lack of mature T cells that leaves heart transplant patients susceptible to disease,” Cruz said.

Usually patients recover well after having antibodies from another person introduced through IV, but for one patient, the standard treatment just wasn’t working.

“At the time that Dr. Walter started working with the patient, he was being hospitalized every few days,” Cruz said.

The patient’s T-cell count was simply too low to fight infection. After each IV treatment, the viral load would drop slightly before climbing back up to where it started.

It was only after Dr. Walter decided to try out an untested treatment that patient started to respond. Instead of trying to jumpstart the patient’s immune system through IV, the doctor decided to try injecting the antibodies into the patient’s tissue rather than his veins.

“Before treatment, the patient’s viral load was over one million. After treatment, it dropped down to 1000.”

“Injecting the antibodies into the tissue helped to slow down their release into the body,” Cruz said. “We’re still not sure exactly why this treatment helped the patient, but it did.”

“I’m so happy that I’m so young and already learning about this,” Cruz said.

A member of the honors program, Cruz spends what little time she has between lectures and labs at the hospital. She’s driven and wants to be a cardiothoracic surgeon one day.

“I always knew that I wanted to practice medicine,” Cruz said. “For a while I wondered if I felt like I had to be since my mom’s a nurse practitioner and my dad works at Tampa General, but my mom would’ve been just as happy if I were an artist.”

But being an artist didn’t call to Cruz like medicine did. When she was a junior in high school she helped her aunt, an OB-GYN in Cuba, deliver a baby after spending a night in rotation.

“There was a woman giving birth and my aunt literally told me to scrub in. I remember vividly putting on the gloves, there was the supplies for the surgery and the nurse was just looking at me waiting for me to do something,” Cruz said.

“Afterward I felt like I was going to throw up. It was just like ‘holy shit I love this.’ I could’ve stayed for weeks.”

Cruz hopes to share her passion for medicine with other students at USF St. Petersburg.

“I’m blessed because both my parents work in medicine,” Cruz said.

She knows that not every student is that lucky.

“(Finding internships) is all connections and perfect timing. I feel like so many people who come to USFSP from other locations have no opportunities,” Cruz said.

“The resources we have on campus for pre-med students are scarce.”

Although USF St. Petersburg is located just down the street from All Children’s Hospital, named a top 50 children’s hospital by the U.S. News and World Report, the medical research pales in comparison to USF Tampa’s.

“We have a lot of marine and environmental research, but we don’t really have anything in medicine. It’d be nice to get this new dimension added to our image,” Cruz said.

Cruz hopes that by presenting at major conferences like the one in Canada, she’ll be able to bring more money and research opportunities to the waterfront campus.

“I want to promote USFSP,” she said. “I want to bring research to this campus and get students involved, and show that USFSP students are of a high caliber and equally to, if not better than, Tampa.”

THE CROW’S NEST

March 5, 2018

BY Delaney Brown
Alumna looks to bring positive change

By Whitney Elfstrom
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The Edge was alive with the intimate tones of live music and shared poetry Friday as students connected with each other over the harmful effects of social media. The night began with a recurring event for PEERS.

In the past, the organization allowed her to use the library and kids are going to see this,” Casanova said.

Casanova said that Nelson wanted to make sure that the Makers Space was a non-intimidating, welcoming harbor for creativity. She wanted it to be something that visitors felt was theirs.

She said that while the grant itself was an incredible honor, the best part was sitting with Nelson and Dickson at the Lightning game where she was awarded the grant and realizing that their idea was coming to fruition.

“This is literally going to be a thing that exists in this library and kids are going to be able to go in there and use this,” Casanova said.

Casanova’s passion for literature transferred over to her education. She graduated from USF St. Petersburg in December after majoring in English writing studies. While there, she worked as a copy editor at The Crow’s Nest and interned at Creative Loafing.

Now she works at Atlantic Health Solutions as a blogger and content coordinator.

Beyond writing, she wants to make a positive impact on someone’s life. Casanova said that during every difficult point in her life, someone has been there at the last moment to help pull her out of it, and she intends to be that person for others in need.

“That there are literally people who have never had that – not even once,” she said. “And I feel like it’s my responsibility to be able to that for somebody else.”

During the fall 2017 semester, Casanova was honored by the Tampa Bay Lightning as a Community Hero. She was awarded $5,000 for her proposal to enhance the African-American Heritage and Culture collection and to create a multimedia innovation lab at James Weldon Johnson Community Library in south St. Petersburg.

Her part in the proposal was realizing the library needed to expand its African-American history section after speaking to Susan Dickson, the library’s coordinator.

The other part came from Mika Nelson, the St. Petersburg Library System director, who came up with the idea for the Makers Space, which includes a 3D printer, craft area and equipment to record music. She added that their ideas coming together was “almost as if the stars aligned.”

Casanova said that Nelson wanted to make sure that the Makers Space was a non-intimidating, welcoming harbor for creativity. She wanted it to be something that visitors felt was theirs.

She said that while the grant itself was an incredible honor, the best part was sitting with Nelson and Dickson at the Lightning game where she was awarded the grant and realizing that their idea was coming to fruition.

“This is literally going to be a thing that exists in this library and kids are going to be able to go in there and use this,” Casanova said.

Casanova’s drive to better the world comes from her past. She had a rough go of it in high school and was homeless during her senior year.

She joined the organization Starting Right Now, which offers housing, tutoring and volunteer opportunities. The organization allowed her to graduate from high school and get into college – two feats that Casanova didn’t know if she’d ever tackle but is most proud of.

“It’s almost beyond my comprehension that I am here,” Casanova said. “The fact that I was able to graduate high school, the fact that I was able to get into college, the fact that I was able to graduate from college and that I have a place to live is just – I don’t know what I did to deserve this.”

According to her boyfriend Kyle Kliamovich, 27, Casanova sets herself up for success. Although she agrees, she said there’s still moments when she wonders how she got to where she is.

“You just gotta keep going, like what other choice is there,” Casanova said. “Don’t let the pain or whatever it is that knocked you down change you in a way that makes you be untrue to yourself.”

Lis Casanova grew up with overprotective, loving parents Omar and Delta (pictured above), who helped her grow into an introverted book lover with a passion to bring positive change to the community.

COURTESY OF LIS CASANOVA

Lis Casanova with Susan Dickson (right) and Mika Nelson after her proposal was honored by the Lightning Community Hero award in November 2017.
Surprised? USFSP has a club golf team

By Jeffrey Waitkevich
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This will come as a shock to a lot of people: USF St. Petersburg has a club golf team.

Joe Morales, 19, the president of USF St. Petersburg’s golf club, wants to make that common knowledge and unite the people who share his passion for golf.

“The main purpose of the golf team is to get people into the sport,” the sophomore biology major said. “There’s a lot of people who come to college who have played a sport all their lives and then they’re so jam-packed with school that they don’t play it anymore and they give up and stop playing it.”

Most members joined because they were looking to fit in with people of similar interests, Morales said.

He added that the hardest part of getting people to join is overcoming the stereotype that you have to be a rich, country club-type to play golf. His favorite golfer, Jason Day from Australia, is the perfect example of that. Day came from a poor family but now has 11 PGA TOUR victories under his belt.

This coming week, the team will begin practicing with USF Tampa’s varsity golf team on Tuesdays and Thursdays at 3:30 p.m. on “The Claw at USF” — the home golf course.

Morales hopes this opportunity will help grow the 10 member team.

He also wants to start playing in more tournaments. The team only plays in two local tournaments per semester. Before he graduates, Morales hopes to increase that number to four, five or even twice per month, if possible.

The university only provides the balls, so Morales is hoping that with the leftover money in the budget, he can purchase a set of clubs for beginners to use and learn with.

Morales started playing golf as a 7-year-old in his hometown of Aguadilla, Puerto Rico. Upon attending a summer program at his local golf course, he fell in love with the sport.

His interest began to pick up in his sophomore year of high school. He was even ranked as the best golfer on the west coast of Puerto Rico as a kid.

During the summer after his sophomore year, he fractured his hip — sidelining him for six months and diminishing his chances of being recruited to play college golf.

However, he still bounced back and won several tournaments during his high school career.

He then set his sights on being a walk-on in college, but opted to focus on school instead. After accidentally applying to USF St. Petersburg instead of the Tampa campus, Morales toured the waterfront campus and was attracted to the scenery. He decided to stay and started living in Florida.

He played in three tournaments as a member of the golf club and finished in the top five in all of them. His most recent win was the Isabela Open in Puerto Rico over the summer.

On Sunday, Morales and two other members competed in a tournament at the Heritage Isles Golf and Country Club in Tampa.

Because there wasn’t much notice, Morales couldn’t gather any more players, but he hopes to have at least seven Bulls compete in their next tournament in April.

He also became a brand ambassador for Srixon Golf. The position allows him to attend pro golf events and get insight into golf industry, while promoting the brand and growing the sport.

Joe Morales has been golfing since he was a 7-year-old in Puerto Rico. He came to Florida after accidentally applying to the wrong USF campus and now serves as president of the club golf team.
The USF Women’s basketball team owned the 2017-2018 season. While there were bumps in the road against the likes of No. 1 ranked University of Connecticut, who is practically a WNBA team disguised as an NCAA team, the Bulls finished the regular season with a respectable overall record of 24-6 and a conference record of 13-3.

This is no easy task considering the fact that the Bulls aren’t playing “Little Sisters of the Poor” low-tier basketball programs.

Instead, they played powerhouse teams like Notre Dame, Michigan State, and UCConn, as well as Ohio State, who the Bulls upset at home winning by 19 points.

The Bulls were dominant on both sides of the ball – averaging more than 75 points per game and beating opponents by an average margin of 13.5 points per game.

On the defensive end, they averaged more than 5 steals and 3 blocks per game.

The Bulls also dropped 108 points against Southern University to win by 60 points, the largest victory margin of the season.

Head Coach Jose Fernandez should only be showered with praise as he has flipped the script from only having to losing seasons to having only winning ones.

This season also put him over 300 career wins as a head coach and the third time he has coached USF to second place in the American Athletic Conference.

The two stars of the season have been Kitija Laksa and Maria Jespersen.

Kitija, a Latvian native, exploded this season with the Bulls, whether she was dropping a career high 41 points against then ranked 13 Ohio State or showing Southern University that she can make it rain indoors by dropping a career-high 11 3-pointers in a single game.

Jespersen also had herself a season. Toward its end, the Denmark native averaged 18 points and made all of her free throws through eight games. This team plays like a family.

On the court, their passing alone shows the selflessness. This is reassuring because there aren’t going to be disputes and arguments that plague many legendary programs.

Come March Madness, the Bulls could become NCAA champions.

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The Crow’s Nest accepts letters to the editor. All submissions should be no more than 500 words. Writers must include their full name. In addition, USF faculty should include their title, department and extension. All letters are subject to editing for clarity and length. Letters can be sent to michaelmoor@mail.usf.edu with subject title “Letter to the Editor.”

Because of high production costs, members of the USFSP are permitted one copy per issue. Where available, additional copies may be purchased for 10 cents each by contacting the newspaper’s editor-in-chief or managing editor. Newspaper theft is a crime. Those who violate the single copy rule may be subject to civil and criminal prosecution and/or university discipline.

THE CROW’S NEST
What to do this week: March 5-March 11

By Ashley Campbell
Contributor

MONDAY
Remember all the Campus Movie Fest advertisements around campus last week? These 5-minute videos will be shown in the USC Ballrooms. Reception is at 6:30 p.m., doors open at 7 and the show will start at 7:30. Admission is free and it is open to the public. Food and drink will be provided.

TUESDAY
From 11 a.m. until 1 p.m., enjoy the LIB market. This market will be held in the USC. Snacks and promotional items will be available.

WEDNESDAY
From 3 until 5 p.m., at the Nelson Poynter Memorial Library, enjoy complementary graduate school preparation. Learn valuable tips and receive 100 Pete Points.

THURSDAY
Reggaerobics will be from 6 until 7 p.m. at Station House St. Pete. This class features a combination of reggae and aerobics to help burn away calories through dance. All you need is water, a towel and energy.

FRIDAY
It is Grand Prix weekend. This event is open to the public from 1 p.m. March 9 until 3 a.m. March 12. Along with cars racing, there will be live music, an indy car photo booth, driver appearances and ticket giveaways. Alcohol will range from $3 to $5 for those of age.

SUNDAY
Students who signed up for the un-BULL-ievable spring break in New Orleans will venture out. These students will have the opportunity to build homes and impact the community.

Also, at 9:45 a.m. is PCF Bootcamp at Bodega. For $10 ($5 for current PCF members) you can enjoy a 1-hour workout and a free bodega sandwich or juice. This event happens every Sunday at Bodega on Central.

Sunken Gardens is putting thousands of beautiful blooms on display for their annual Orchid Festival. Growers will be present to answer any horticultural questions you may have from 10 a.m. to 4 p.m.
A sandwich by any other name

By Luke Cross
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and Jeffrey Waitkevich
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The sandwich: a ubiquitous, if unassuming, food. Most attribute its origin to John Montagu, the fourth Earl of Sandwich, who requested an easily consumable food during his long bouts of gambling; others, to the Jewish sage Hillel the Elder, who combined matzah and lamb for Passover. The history of the sandwich can be found in libraries and on Wikipedia, but another aspect of it is harder to uncover: what is, and is not, a sandwich? It’s an insidious question that lies dormant at the peripheries of our knowledge until someone dares torouse the culinary conversation.

Before you even ask yourself what constitutes a sandwich, find your closest friend and ask them. Regardless of their response, there will eventually come a discrepancy in definition between the two of you.

From that discrepancy, debate. Arguments over why your definition is the one true classification are sure to arise. From debate, distrust. You thought you knew this person, that they were sensible and a friend. From distrust, disaster. This person is not a friend, but an adherent to false ideology, an ingredient infidel. Their refusal to accept the truth of culinary peace — to see the sandwich: a single, entirely edible unit of food constructed with a bread, pseudo-bread, rice or noodle based delivery system holding a separate filling or topping. This definition encompasses every sandwich possibility, so an analysis is required.

First, the “unit of food” awaiting classification must be singular. This inclusion is to eliminate the imprecise nature of so-called “sandwich swarms,” such as nachos or cracker based hors d’oeuvres. This unit must also be entirely edible, phrasing that specifically excludes the corndog, for reasoning that will soon be explained.

The next key segment of the definition is a singular word: “constructed.” In defining the parts of a sandwich, my colleague and I encountered difficulty with fried foods. They are still a bread based delivery system holding a separate filling or topping. “SandWhich?”

The definition is as follows: “Sandwich - A single, entirely edible unit of food constructed with a bread, pseudo-bread, rice or noodle based delivery system holding a separate filling or topping.” This definition encompasses every sandwich possibility, so an analysis is required.

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Not a Sandwich or Pseudo-Sandwich

Does the food item match the prescribed definition?

- Yes
- No

Does the delivery system fully encapsulate the delivered food?

- Yes
- No

How many slices were covered by the delivery system?

- Two
- More than two
- Not

Did the delivery system have to be manipulated during construction to cover additional sides?

- Yes
- No

Does it have a means of edible delivery that is not a bread, pseudo-bread, rice or noodle based system?

- Yes
- No

Open-faced Sandwich

- Yes
- No

Traditional Sandwich

- Yes
- No

Wrapped Sandwich

- Yes
- No

Cradled Sandwich

- Yes
- No

Shelled Sandwich

- Yes
- No

SandWhich?

The definitive guide to classifying what is, and is not, a sandwich.

Between the slices

Open Faced - Pizza, Nigiri, Eggs Benedict, Bruschetta, Bagel with Cream Cheese

Contained - Pop-Tarts, Pizza Rolls, Traditional Pies, Ravioli, Dumplings, Empanadas, Calzones, Jelly-Filled Doughnuts

Wrapped - Burritos, Wraps, Soft Tacos, Uramaki Rolls

Shelled - Combos, Cannolis

Cradled - Hot Dogs, Submarine Sandwiches, Po Boys, Pita, Doner Kebabs, Hard Tacos, Stuffed Shells, Ice Cream Cones, Pumpkin Pies

Traditional - Quesadillas, Hamburgers, Oreos, PB&Js, Ice Cream Sandwich, Ramen Block Sandwich

Multi-Layered - Lasagna, Layer Cake, Big Mac

THE CROW’S NEST

March 5, 2018