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## Press release : 2013 : 10 : 25 : Special event to focus on developing a champion's mindset

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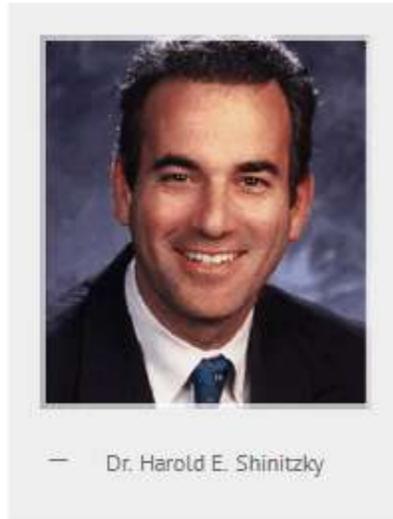
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# Special event to focus on developing a champion's mindset

Posted October 25, 2013 at 11:01 am by [Tom Scherberger](#)



Discover how developing a champion's mindset will help you succeed in athletics and in the business world during a special presentation sponsored by USF St. Petersburg and the [St. Petersburg Downtown Partnership](#).

"A Champion's Mindset: Athletes in the Business World," which is free and open to the public, will be held on Wednesday, Oct. 30 at 6 p.m. at Steidinger Auditorium, 100 8th Ave SE.

"To be a champion athlete you have to focus 100 percent of your energy and be better than anyone else out there," said Bill Chamberlain, senior vice president of [RBC Wealth Management](#) and an organizer of the event. "The same is true in the business world. The businesses that succeed are the ones that have a plan and execute it well with an eye constantly on the competition."

Both athletes and business people will benefit from the discussion, Chamberlain said, and can learn from each other. "We hope to inspire student athletes to think about business as a career," he said, "and business people to understand that they can apply the principles of athletics to everything they do."

Chamberlain said he learned those lessons early in life as a high school hockey player in Michigan and competitive sailing around the world. “Being focused and having the mindset of a champion is important in both sports and business,” he said.

The keynote speaker will be [Harold Shinitzky](#), a Clearwater sports psychologist and former faculty member at Johns Hopkins School of Medicine who worked with Olympic and professional athletes. He will discuss how skills learned in athletics can be refined and capitalized in business.

A panel of athletes and experts will explore the distinguishing characteristics of champions and how their approach to athletics can transfer to the business world.

The panelists include:

- Dr. Patrick Klemawesch A Harvard-educated physician who specializes in allergy and immunology. Two-time Florida State Paddleboard Champion, East Coast Paddleboard Champion, Gulf Coast Paddleboard Champion, and four-time competitor in the Molokai to Oahu Paddleboard World Championship Race.
- Jen French Rolex Yachtswoman of the Year 2012, member of the USA Paralympic Team, 2012 Paralympic Sailing Silver Medalist, executive director of the Neurotech Network, holds an MBA from [Wichita State University](#).
- Amy Perkins USF Associate Director of Athletics for Academics, she holds a law degree from [St. Thomas University](#) in Miami.

Space is limited so [reserve your seat](#) or call 727-895-8867 for more information.

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