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Announcements

Black History Month
Please submit to Cedric Howard the times and dates of any events planned/scheduled for Black History Month. This information will be useful to coordinate our efforts. The times and dates are needed prior to Friday, 1/18/04.

Jamel Jemni, Visiting Scholar from Tunisia, will present a slide/lecture on "Tunisia: A Crossroads of Civilizations" on Thursday, January 15 at noon in FCT-118N. A reception will follow in the Williams House. The event is free and open to the public.

>> More Info (MS Word .doc)

Publications


The Usf Bulletin

January 5, 2004 Issue

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Seminars will be led and internships arranged and supervised by Professor Judithanne Scourfield McLauchlan, a former White House staffer and veteran of several presidential campaigns who has extensive political experience in New Hampshire.

>> More info: Judithanne Scourfield McLauchlan
>> Blog Site

Health & Wellness Programs for Spring 2004

Ask A Dietitian & Blood Pressure Screening
BayBoro Café
January 13th, Tuesday
February 18th, Wednesday
March 18th, Thursday
April 14th, Wednesday
May 13th, Thursday

Achieving a Healthy Weight Through Lifestyle Change
Davis 100 - Arts & Sciences Conference Room
Twelve Week Series
Offering Two Sessions
Tuesdays, 12 – 1 pm (Start Date Jan. 20th)
Thursdays, 5 – 6 pm (Start Date Jan. 22nd)

Healthy Eating Series
Davis Lobby
January 20th, 12 – 1 pm, Using 5 - A Day to Make the Food Guide Pyramid Work for you
February 3rd, 11 – 12 pm, Destination: Heart Healthy Eating (DAV 130)
February 17th, 12 – 1 pm, Achieve a Desirable Cholesterol Level
March 2nd, 12 – 1 pm, Achieve an Overall Healthy Eating Pattern
March 16th, 12 – 1 pm, Achieve a Healthy Body Weight and Blood Pressure
March 30th, last of the series will be presented at the Wellness Fair

Sex on the Beach
Harborside, Beach location
February 12th, Thursday
11:30 – 1:30 pm

Wellness Fair
Harborside, Davis Lobby, Davis 130
March 30th
11:00 am – 3:00 pm

For Additional Information Contact Sandy Blood, Health Educator, at 553-4114 or email her at blood@stpt.usf.edu. All programming is free of charge and available to students, faculty and staff.

Community Volunteer Fair

A volunteer fair, featuring over 12 community agencies and programs, will be held today, Wednesday, Jan. 14 from 10:30 to 2:30 in Davis Lobby. Opportunities to help the homeless, elderly, mentoring children, Special Olympics, Hospice, Ronald Mcdonald House, and PARC among others, will be represented. For more information, contact Barry McDowell, 3-4990.

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