

9-15-2015

## Policy 30-021 : Counseling Center

University of South Florida St. Petersburg.

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### Recommended Citation

University of South Florida St. Petersburg, "Policy 30-021 : Counseling Center" (2015). *University Governance: USFSP Policies and Procedures (Current and Historical)* . 11.  
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**Number: 30-021 SP**  
**Subject: Counseling Center**

Date of Origin: 03-10-10

Date Last Amended: 2015-09-15

Date Last Reviewed:

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## **I. INTRODUCTION (Purpose and Intent)**

The Center for Counseling, Health & Wellness (CCHW) supports the holistic development of the University of South Florida St. Petersburg (USFSP) community by providing a comprehensive array of professional services. Our goal is to strengthen the intellectual, social and emotional functioning of our community, with an emphasis on collaboration, prevention, and wellness. The CCHW is also committed to creating a safe, inclusive, and affirming environment, which includes providing culturally appropriate services, culturally relevant training, increased accessibility, and quality service delivery.

This is accomplished by providing the following services: assessment and referrals; preventive and educational programming; psychological and psychiatric treatment; substance abuse prevention services; pre-doctoral practicum counselor training; consultation services for campus departments and community stakeholders; and professional contributions and service to the public and private sectors of the community. For a detailed description of all our services, please visit <http://www.usfsp.edu/wellness/>

## **II. STATEMENT OF POLICY**

### **A. PROGRAM ADMINISTRATION**

The Center for Counseling, Health & Wellness is staffed by two full-time licensed psychologists, one administrative assistant, two practicum counselors, and one part-time psychiatrist. Services are typically time-limited and are provided when they are consistent with the Center's mission and scope of service.

Center programs include:

- Counseling Services
- Psychiatric Services
- Testing and Assessment
- Outreach and Consultation

Crisis and Victim Advocate services  
Employee Assistance Program (EAP)  
Substance Abuse Prevention  
Health and Wellness Resources  
Training and Research

## **B. SERVICE ELIGIBILITY**

Counseling Center services are available to currently registered USFSP students who have paid the health fee.

## **C. PROCEDURES:**

USFSP students may expect to be evaluated at any time during normal business hours through a prescheduled appointment or a walk-in emergency appointment. Based on this evaluation, students may be offered the option of participating in any of our time-limited services/programs or, on some occasions, may be provided appropriate external referrals. As the Center is a training site, some students may be treated by a staff member under supervision.

Clinical records maintained within the Center for Counseling, Health, & Wellness are monitored by the Center's professional staff who utilize an electronic medical records system. Issues of confidentiality, privacy, content, and security regarding psychological records are enforced by state and national rules, laws and standards that regulate psychology as a discipline, relevant accreditation boards (the International Association of Counseling Services, the American Psychological Association), the USF System Information Disclosure and Confidentiality Policy, the Ethical Principles of Psychologists (Principle 5: Privacy and Confidentiality); Chapter 490, Florida Statutes and Chapter 64B19, F.A.C.

**Authorized and signed by:**

**Joseph Trubacz, Regional Vice Chancellor for Administrative & Financial Services**

**Sophia Wisniewska PhD. , Regional Chancellor**